



ACTIVE
COMMUNITIES



FITNESS IN THE PARK

Further information

Scan. Move. Be active!

Try our FREE QR coded Fitness in the Park activities in your local park! Fun, simple exercises for all ages and abilities. Scan, move, enjoy the outdoors, and be part of a more active community!

**Lauching 14th September
2026**

Where?

West Park, Goole.
First QR code on the path by entrance to the car park

When?

Whenever suits you best

What do I need?

Smartphone with internet access, comfortable clothing, and water